

Paasmeeting 2026: Session: 1: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 07:50 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Cock Jana HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY MEN 11-14							Heat:1, starttime: 09:00	
Heat: 1/6 Lane : 2 Athlete: DESMET TUUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11-14							Heat:2, starttime: 09:05	
Heat: 2/6 Lane : 3 Athlete: RAMON SIEBE							Q-time: 03:43:81	
PB (25m pool): 03:43.81 Veurne 19/10/2025			PB (50m pool): 03:46.31 SB: 03:43.81 Veurne 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.38		no time		no time		03:43.81
	00:55.38							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11-14							Heat:2, starttime: 09:05	
Heat: 2/6 Lane : 5 Athlete: CLAEYS JONA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 1: 200M MEDLEY MEN 11-14							Heat:4, starttime: 09:15	
Heat: 4/6 Lane : 4 Athlete: WILLEMS KORBEN							Q-time: 03:06:90	
PB (25m pool): 03:06.90 DIKSMUIDE 30/11/2025				PB (50m pool): 03:04.30 SB: 03:06.90 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.48		01:28.52		02:26.14		03:06.90
	00:42.48		00:46.04		00:57.62		00:40.76	
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11-14							Heat:5, starttime: 09:15	
Heat: 5/6 Lane : 1 Athlete: MAES JASPER							Q-time: 03:03:39	
PB (25m pool): 03:03.39 DIKSMUIDE 30/11/2025				PB (50m pool): 03:09.95 SB: 03:03.39 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.56		01:30.67		02:23.19		03:03.39
	00:44.56		00:46.11		00:52.52		00:40.20	
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11-14							Heat:5, starttime: 09:15	
Heat: 5/6 Lane : 2 Athlete: VERBELEN FINN							Q-time: 03:02:78	
PB (25m pool): 03:02.78 Diksmuide 12/10/2025				PB (50m pool): 02:56.52 SB: 03:02.78 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.15		01:27.50		02:24.80		03:02.78
	00:42.15		00:45.35		00:57.30		00:37.98	
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11-14							Heat:5, starttime: 09:15	
Heat: 5/6 Lane : 6 Athlete: VANHEE TIBE							Q-time: 03:03:60	
PB (25m pool): 03:03.60 DIKSMUIDE 30/11/2025				PB (50m pool): 03:00.78 SB: 03:03.60 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.26		01:28.24		02:25.67		03:03.60
	00:44.26		00:43.98		00:57.43		00:37.93	
								

Coach feedback:

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Event number: 1: 200M MEDLEY MEN 11-14							Heat:6, starttime: 09:20	
Heat: 6/6 Lane : 5 Athlete: DEMASURE YORDI							Q-time: 02:48:19	
PB (25m pool): 02:48.19 DIKSMUIDE 30/11/2025				PB (50m pool): 03:01.07 SB: 02:48.19 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.03		01:19.92		02:09.93		02:48.19
	00:36.03		00:43.89		00:50.01		00:38.26	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11-14							Heat:2, starttime: 09:30	
Heat: 2/6 Lane : 2 Athlete: HEYTENS JORIEN							Q-time: 03:33:47	
PB (25m pool): 03:33.47 Diksmuide 12/10/2025				PB (50m pool): 03:24.75 SB: 03:33.47 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.78		01:42.60		02:45.21		03:33.47
	00:49.78		00:52.82		01:02.61		00:48.26	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11-14							Heat:3, starttime: 09:35	
Heat: 3/6 Lane : 3 Athlete: DEFEVER AUWKE							Q-time: 03:18:63	
PB (25m pool): 03:18.63 LAGO Zwevegem 09/06/2025				PB (50m pool): 03:29.08 SB: 03:20.04 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.24		01:41.68		02:33.71		03:18.63
	00:52.24		00:49.44		00:52.03		00:44.92	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11-14							Heat:3, starttime: 09:35	
Heat: 3/6 Lane : 5 Athlete: TACK CATALEYA							Q-time: 03:21:34	
PB (25m pool): 03:21.34 DIKSMUIDE 30/11/2025				PB (50m pool): 03:33.11 SB: 03:21.34 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.84		01:35.70		02:38.29		03:21.34
	00:45.84		00:49.86		01:02.59		00:43.05	
								

Coach feedback:

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Event number: 2: 200M MEDLEY WOMEN 11-14							Heat:3, starttime: 09:35	
Heat: 3/6 Lane : 6 Athlete: BEKAERT LAURA							Q-time: 03:21:79	
PB (25m pool): 03:21.79 Diksmuide 12/10/2025				PB (50m pool): no time SB: 03:21.79 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.66		01:40.28		02:37.00		03:21.79
	00:49.66		00:50.62		00:56.72		00:44.79	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11-14							Heat:4, starttime: 09:35	
Heat: 4/6 Lane : 4 Athlete: BOLLAERT AMÉLIE							Q-time: 03:08:65	
PB (25m pool): 03:08.65 DIKSMUIDE 30/11/2025				PB (50m pool): 03:19.23 SB: 03:08.65 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.87		01:30.32		02:26.52		03:08.65
	00:42.87		00:47.45		00:56.20		00:42.13	
								

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+							Heat:4, starttime: 09:55			
Heat: 4/16 Lane : 4 Athlete: RAMON SIEBE							Q-time: 01:26:90			
PB (25m pool): 01:26.90 Torhout 06/12/2025				PB (50m pool): 01:28.60 SB: 01:26.90 Torhout 06/12/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M			
PB			00:41.99				01:26.90			
			00:41.99				00:44.91			
										

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+							Heat:8, starttime: 10:00	
Heat: 8/16 Lane : 5 Athlete: WILLEMS KORBEN							Q-time: 01:12:92	
PB (25m pool): 01:12.92 Ieper 04/01/2026				PB (50m pool): 01:11.50SB: 01:12.92 Ieper 04/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:34.67		01:12.92				
	00:34.67		00:38.25					
								

Coach feedback:

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Event number: 3: 100M FREESTYLE MEN 11+					Heat:9, starttime: 10:05
Heat: 9/16 Lane : 5 Athlete: VERBELEN FINN					Q-time: 01:11:49
PB (25m pool): 01:11.49 Temse 17/11/2025					PB (50m pool): 01:11.90 SB: 01:11.49 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.57		01:11.49	
	00:34.57		00:36.92		
					

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+					Heat:11, starttime: 10:05
Heat: 11/16 Lane : 1 Athlete: DEMASURE YORDI					Q-time: 01:07:12
PB (25m pool): 01:07.12 Diksmuide 12/10/2025					PB (50m pool): 01:04.33 SB: 01:07.12 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.42		01:07.12	
	00:32.42		00:34.70		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:20
Heat: 3/13 Lane : 2 Athlete: HEYTENS JORIEN					Q-time: 01:24:46
PB (25m pool): 01:24.46 LAGO Zwevegem 09/06/2025					PB (50m pool): 01:18.40 SB: 01:25.61 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.27		01:24.46	
	00:41.27		00:43.19		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 10:25
Heat: 5/13 Lane : 5 Athlete: TACK CATALEYA					Q-time: 01:18:88
PB (25m pool): 01:18.88 leper 04/01/2026					PB (50m pool): 01:18.80 SB: 01:18.88 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.90		01:18.88	
	00:38.90		00:39.98		
					

Coach feedback:

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Event number: 4: 100M FREESTYLE WOMEN 11+				Heat:6, starttime: 10:25	
Heat: 6/13 Lane : 4 Athlete: BOLLAERT AMÉLIE				Q-time: 01:14:89	
PB (25m pool): 01:14.89 leper 04/01/2026				PB (50m pool): 01:11.23 SB: 01:14.89 leper 04/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.23		01:14.89	
	00:35.23		00:39.66		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+				Heat:6, starttime: 11:10	
Heat: 6/15 Lane : 3 Athlete: CLAEYS JONA				Q-time: 01:40:96	
PB (25m pool): 01:40.96 Diksmuide 08/02/2026				PB (50m pool): 01:38.15 SB: 01:40.96 Diksmuide 08/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.69		01:40.96	
	00:47.69		00:53.27		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+				Heat:7, starttime: 11:10	
Heat: 7/15 Lane : 5 Athlete: DESMET TUUR				Q-time: 01:39:72	
PB (25m pool): 01:39.72 Diksmuide 08/02/2026				PB (50m pool): no time SB: 01:39.72 Diksmuide 08/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.18		01:39.72	
	00:47.18		00:52.54		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+				Heat:10, starttime: 11:15	
Heat: 10/15 Lane : 2 Athlete: MAES JASPER				Q-time: 01:28:38	
PB (25m pool): 01:28.38 Diksmuide 08/02/2026				PB (50m pool): 01:29.09 SB: 01:28.38 Diksmuide 08/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.94		01:28.38	
	00:41.94		00:46.44		
					

Coach feedback:

Paasmeeting 2026: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 6: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 11:40
Heat: 6/14 Lane : 6 Athlete: BEKAERT LAURA					Q-time: 01:44:34
PB (25m pool): 01:44.34 Diksmuide 08/02/2026					PB (50m pool): 01:45.80 SB: 01:44.34 Diksmuide 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.56		01:44.34	
	00:48.56		00:55.78		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 11:45
Heat: 7/14 Lane : 5 Athlete: DEFEVER AUWKE					Q-time: 01:37:68
PB (25m pool): 01:37.68 Eeklo 21/09/2025					PB (50m pool): 01:39.30 SB: 01:37.68 Eeklo 21/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.61		01:37.68	
	00:46.61		00:51.07		
					

Coach feedback: